

Spirit Guided Friends Church

OCTOBER 2022

"In GOD we live, move and have our being" Acts 17:28

Oct	Chair	Speaker
2	Rev. Teresa Roberts	Gabrielle Gardner
9	Rev. Teresa Roberts	Rev. Teresa Roberts
16	Rev. Sheila Vitale	Rev. Sheila Vitale
23	Rev. Bernie Zurn	Jeanette Turner
30	Rev. Bernie Zurn	Rev. Bernie Zurn

Sunday Services	
Healing	10:45 AM
Worship	11:00 AM
<i>Times Approximate</i>	

Events

Potluck	Oct 2 - after service, bring something to share and share what others bring!
Open House	Oct 16 12:45 - 1:30 PM
- Mini-Readings	\$10 for each 15 minutes
- Etheric Healing	About 10 minutes - \$5 By Rev. Bernie Zurn

Join Spirit Guided Friends

Membership is \$12 per year About 25¢ per week
In person or on the web at
<https://www.sgf-church.org/donations>
Support the Church's Spiritual Work

Contact us about Board Meeting topics

on the web: <https://www.sgf-church.org/contact-us>
Select "Board Meeting Topic"
-or- Write a topic and put it in the Communication Box

Prayer Chain *for special needs & healing*
on the web: <https://www.sgf-church.org/contact-us>
Subject: Prayer Chain -or-
Leave a message at (503) 771-8986

Ministerial Support *for spiritual needs & support*
Rev. Bernie Zurn | Rev. Teresa Roberts

Contact personally or... on the web
<https://www.sgf-church.org/contact-us>
Subject: Ministerial Support

There is no charge for these services

Visit us at: <http://www.sgf-church.org/>

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The Ten Sufi Thoughts

- There is **One GOD**, the Eternal, the Only Being; none else exists save GOD.
- There is **One Master**, the Guiding Spirit of all Souls, which constantly leads all followers towards the Light.
- There is **One Holy Book**, the sacred manuscript of nature, - which truly enlightens all readers.
- There is **One Religion**, the unswerving progress in the right direction towards the ideal, which fulfills the life's purpose of every soul.
- There is **One Law**, the law of Reciprocity, which can be observed by a selfless conscience together with a sense of awakened justice.
- There is **One Human Brotherhood / Sisterhood**, which unites the children of earth *indiscriminately* in the Parenthood of GOD.
- There is **One Moral Principle**, the love which springs forth - from self-denial, and blooms in deeds of beneficence.
- There is **One Object of Praise**, the beauty which uplifts the heart of its worshipper through all aspects from the seen to the unseen.
- There is **One Truth**, the true knowledge of our being within and without which is the essence of all wisdom.
- There is **One Path**, the annihilation of the false ego in the real, which raises the mortal to immortality, in which resides all perfection.

Based on the "Ten Sufi Thoughts" in *The Way of Illumination* by Hazrat Inayat Khan
<https://inavativva.org/teachinas/ten-sufi-thoughts/>