

| Sep | Chair | Speaker |
|-----|---------------------|---------------------|
| 3 | Rev. Teresa Roberts | Rev. Teresa Roberts |
| 10 | Rev. Bernie Zurn | Rev. Bernie Zurn |
| 17 | Rev. Teresa Roberts | Kristin Laluk |
| 24 | Rev. Teresa Roberts | Jeanette Turner |

| Sunday Services | |
|--------------------------|---------------------------|
| Healing | 11:00 AM |
| Worship | 11:15 AM after healing |
| <i>Times Approximate</i> | |

September Events

| | | |
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| 3 | Pot Luck | Bring some food to share! |
| 17 | Open House Mini-Readings | 12:45 - 1:30 PM \$10 for 15 minutes \$20 for 30 minutes |

Join Spirit Guided Friends

Membership is \$12 per year About 25¢ per week

In person or on the web at

<https://www.sgf-church.org/join>

Support the church's spiritual work

Contact us about Board Meeting topics

on the web :

<https://www.sgf-church.org/contact>

Select "Board Meeting Topic"

Prayer Chain *for special needs & healing*

on the web: <https://www.sgf-church.org/contact>

Subject: Prayer Chain -or-

Leave a message at (503) 771-8986

Ministerial Support *for spiritual needs & support*

Rev. Bernie Zurn | Rev. Teresa Roberts

Contact personally or... on the web

<https://www.sgf-church.org/contact>

Subject: Ministerial Support

There is no charge for these services

We have two ears and one mouth so that we can listen twice as much as we speak.

It's not what happens to you, but how you react to it that matters.

No person is free who is not master of themself.

People are not disturbed by things, but by the view they take of them.

Epictetus - Roman Philosopher 55-135 AD

So live your life that the fear of death can never enter your heart.

Trouble no one about their religion; respect others in their view, and demand that they respect yours.

Love your life, perfect your life, beautify all things in your life. Seek to make your life long and its purpose in the service of your people.

Prepare a noble death song for the day when you go over the great divide.

Always give a word or a sign of salute when meeting or passing a friend, even a stranger when in a lonely place.

Show respect to all people and grovel to none.

When you arise in the morning give thanks for the food and for the joy of living. If you see no reason for giving thanks, the fault lies only in yourself.

Abuse no one and no thing, for abuse turns the wise ones to fools and robs the spirit of its vision.

When it comes your time to die, be not like those whose hearts are filled with the fear of death, so that when their time comes they weep and pray for a little more time to live their lives over again in a different way.

Sing your death song and die like a hero going home.

Chief Tecumseh

Born March 9, 168

Died October 5, 1813