

Statements from the Father You Can Use to Bring Energy and Results

My Father and I are One.

All is well, all is in Divine Order.

Peace, be still, let there be joy.

Peace, be still, let there be love.

Peace, be still, let there be bliss.

I have spoken in the name of the Father
And so it has been done.

And the Father Says.

And the Father Shows.

I have touched the hem of his garment. And His love has made me
whole.

In the name of the Father, let there be bliss flowing through me like a
force 5 hurricane. I have spoken in the Father's name and so it is done.

Note: you can do this while in meditation. Just let the words flow.
There is no **time or distance** to the Father. He is always talking.

The Father gives things to most people in symbols, like dreams we have
at night. It is our job to keep asking for specific details of what each part
means until we completely understand and can take action for others or
ourselves.

Worry is earthly and asking specifically is Spiritual.

John 4:23

“But the hour cometh, and now is, when the true worshippers shall worship the Father in spirit and in truth: for the Father seeketh such to worship him.”

2 Corinthians 3:6

“Who also hath made us able ministers of the new testament; not of the letter, but of the spirit: for the letter killeth, but the spirit giveth life.”

Since we worship The Father through Christ, then we receive from the Father through Christ.

We may also receive information from our guardian angels and loved ones, going to Christ first enables us the best, most accurate information always.

We practice by saying “The Father says...” or “The Father shows....” or “There is a feeling from the Father...” This way we take ourselves out of the loop to be a better receiver.

Instead of saying “I see”, “I hear”, “I feel”. Which tells our logical mind to analyze things.

Fastest Way to Remove Fears or Negative Self-Talk

**Identify the fear, locate the feeling you get from it in your body .
(Head, chest, shoulders, back, stomach, hips, legs, etc.)**

Make the feeling from the fear grow stronger now!

**The voice in your head that made the feeling stronger, is it in the
front, back, middle of your head? Just go with the first thought!**

**Wrap that voice in duct tape and set it outside your head on the
table, floor, etc.**

**Send that voice back to God to get all the love it deserves (for
spiritual people) or that universal storage (for non spiritual
people)**

See if you can get back the feeling.

**If you get back the feeling back in the body, repeat the steps
above until the feeling goes flat or all those voices just stopped.**